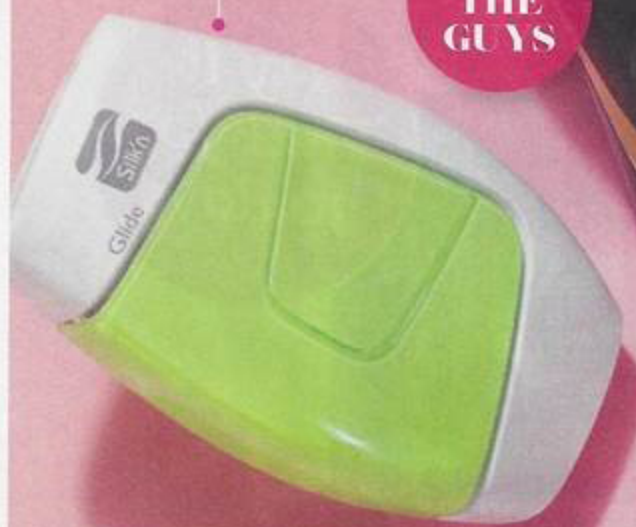


BEAUTY: WINTER SKIN

Try this compact version of a pro laser. **Silk'n Glide** (\$199, silkn.com)



FOR THE GUYS



Designed specifically for us, it delivers a close shave without ingrowns. **Philips Norelco CareTouch** (\$60, Walmart)



It's safe for skin of color and likely half the price of a pro session. **Illuminage Touch** (\$445, Neiman Marcus)

HAIR REMOVAL

Laser hair removal is a great option, but be sure to consult a pro experienced with skin of color. At-home alternatives, specially designed to treat our skin, now offer virtually pro results. Keep in mind, "the cold of winter often causes drying, cracking and a buildup of dead cells on the surface of the skin, which can interfere with the laser's ability to penetrate the skin and reach the hair follicle," says Garrett Gause, M.D., medical director for Ideal Image Development Corp. Gently cleanse, exfoliate and moisturize your skin to get the optimal results.

CLEAR

NOW'S THE TIME TO TACKLE HAIR AND BREAKOUTS—WHILE YOUR SUN EXPOSURE IS AT A MINIMUM

ACNE

Persistent breakouts are tough, but "acne can be permanently cleared with the right regimen," says Rosemarie Ingleton, M.D., of Ingleton Dermatology in New York City. Aczone, a topical dapsone, is the latest doc-prescribed fix for acne sufferers. However, "if there is an underlying medical cause for the acne, it might need to be treated to ensure long-term skin clearance." Need a quick bump buster? Crush one aspirin with enough water to make a paste. Apply on the pimple(s) before bed. "This gets rid of redness and brings down the swelling," suggests David Bank, M.D., a dermatologist in Mount Kisco, New York.

Pulsating silicone points unclog pores. **Foreo Luna Mini Cleansing Brush** (\$139, Sephora)



Enhanced salicylic acid fights blemishes. **Glytone Acne Lotion** (\$28, dermstore.com)



Battle acne with this prescription-only, benzoyl peroxide-free gel. **Aczone (dapsone) Gel 5%** (price varies, aczone.com)



This charcoal soap delivers 2.5 times cleaner pores than a basic cleanser. **Bioré Pore Penetrating Charcoal Bar** (\$6, Target)