

IT'S GOOD TO BE YOU™

Women's Health MAGAZINE

CONTRIBUTORS

What non-sports event would you add to the Olympics?

Women's Health
BEAUTY ALL-STARS

Turn to page 149 for our list of winners

MEET OUR EXPERT JUDGES
THE BRAINS BEHIND THE WH BEAUTY AWARDS

» SKIN

David Bank, M.D., director, Center for Dermatology, Cosmetic, and Laser Surgery, Mount Kisco, NY



"Chess."

measures up to any other sport. There are rules, and it requires just as much training."

Lisa Shin

BIO Shin's first-ever photo was a self-portrait using her parents' Polaroid. "It was blown out, but you could still see my pigtails," she says. Her better shots have since appeared in *In Style* and *Seventeen*. In this issue Shin captures the hottest summer looks to keep you cool in **Quick, Act Casual** (page 108). Shin, 33, lives in Englewood, New Jersey, with her husband and 17-month-old daughter, Genevieve.



ON STAFF WH beauty assistant

"Karaoke. It would be excellent comic relief from the stress of athletic competition."

Alexis Farah

BIO As a child, Farah adored watching her mother put on makeup. "Your face is the perfect blank canvas," says the 24-year-old New Yorker. Now, as the beauty assistant at *WH*, she's up to her chin in product. In this issue Farah puts her glamour savvy to work rounding up hundreds of hair, skin, and makeup finds for our **Second Annual Beauty Awards** (page 149).



University of Miami
Cosmetic Group

Arielle Kauvar, M.D., assoc. professor of dermatology, NYU

Harold Lancer, M.D., assistant clinical professor of dermatology, UCLA

Mary Lupo, M.D., clinical professor of dermatology, Tulane University

Beth Mayall-Traglia, editor-in-chief, totalbeauty.com

David McDaniel, M.D., director, Institute of Anti-Aging Research, Virginia Beach, VA

Neil Sadick, M.D., founder, Sadick Dermatology, NYC

Ni'Kita Wilson, vice president, Cosmetech Laboratories, Fairfield, NJ

Jessica Wu, M.D., clinical instructor in dermatology, University of Southern California

» HAIR

Avi Benichou, cofounder, Lovella Salon, NYC

Nick Chavez, owner, Nick Chavez Salon, Beverly Hills, CA

Dustin David, owner, Dustin David Salon, Los Gatos, CA

and brow specialist

Ashunta Sheriff, NYC makeup artist

Troy Surratt, NYC-based makeup artist

Maria Veral, NYC-based makeup artist

Emily Kate Warren, NYC makeup artist

» NAILS

Holly Carter, manicurist, The Salon by Maxime

Skyy Hadley, owner, As "U" Wish Nail Spa, Hoboken, NJ

Donna Perillo, owner, Sweet Lily Natural Nail Spa, NYC

» GREEN EXPERTS

Alexandra Cousteau, social environmental activist

Hannelore Daniel, beauty expert, amazon.com

Andrea Kane, founder, theorganicbeauty expert.com

Jeremiah McElwee, senior whole-body coordinator, Whole Foods Market

Sara Snow, host, *Get Fresh with Sara Snow*, Discovery Health

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