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BEAUTY

THE EXPERT IS IN



ASK DIDI

Someone need a beauty hug?

Beauty Director Didi Gluck is here for you

Glands to yourself

Q: WHAT CAN I DO ABOUT PROFUSE PERSPIRATION? IT'S THE PITS!

—Jamie Heist, Placerville, CA

A: There are quite a few new options. David E. Bank, M.D., a dermatologist in Mt. Kisco, NY, steers us to the local drugstore for Certain Dri, an antiperspirant with a high concentration of sweat gland-constricting aluminum chloride. Also good—though you'll need a prescription—is Drysol, with even more aluminum chloride (about 20 percent). For severe perspiration, a dermatologist may recommend Botox injections under the arms (at \$1000 for the pair).

LOOKS NATURAL?

—Kari Muench, Summerfield, NC

A: Start by thinking of your hair-hue change as an evolution—not a revolution. "It's really a journey to your blonde destination—with several colors as stops along the way," says Brad Johns, Clairol Global Color Director. Every four to six weeks, use permanent haircolor to lighten by one shade until you've reached your desired blonde. Try Herbal Essences Bold 'n Brilliant Color.



A: We appreciate your sense of humor about this not-so-funny by-product of the facial thinning (due to collagen loss) that comes with aging. To look less like an angry puppet, consider Restylane, Perlane, or Juvaderm injections (\$500 a pop) to plump the area, or a (much cheaper) collagen-stimulating peptide cream to effect gradual improvement. Try Good Skin Pharmacy Tri-Aktiline (\$89.50), our pick of the peptides.

SUITS MY OLIVE SKIN.

—Jessie Braden, New York City

A: The password is: undertones. As an "olive" you've got warm undertones, so you'll find blue-based reds the most flattering, says Poppy King, who just launched a line called Lipstick Queen. Pink- or brown-based reds will probably turn orange on you. The lipstick diva also advises: To keep your bold red mouth center stage, downplay your eyes. (Shown: Clarins Le Rouge Lipstick in Passion.)

literally down to nothing, your doctor might give you a prescription for Rogaine, which can be applied just to the bare areas. (Shown: Clinique Brow Shaper in Soft Brown.)



PANTS, SKIRTS TO
SHOW OFF YOUR SHAPE