

beauty

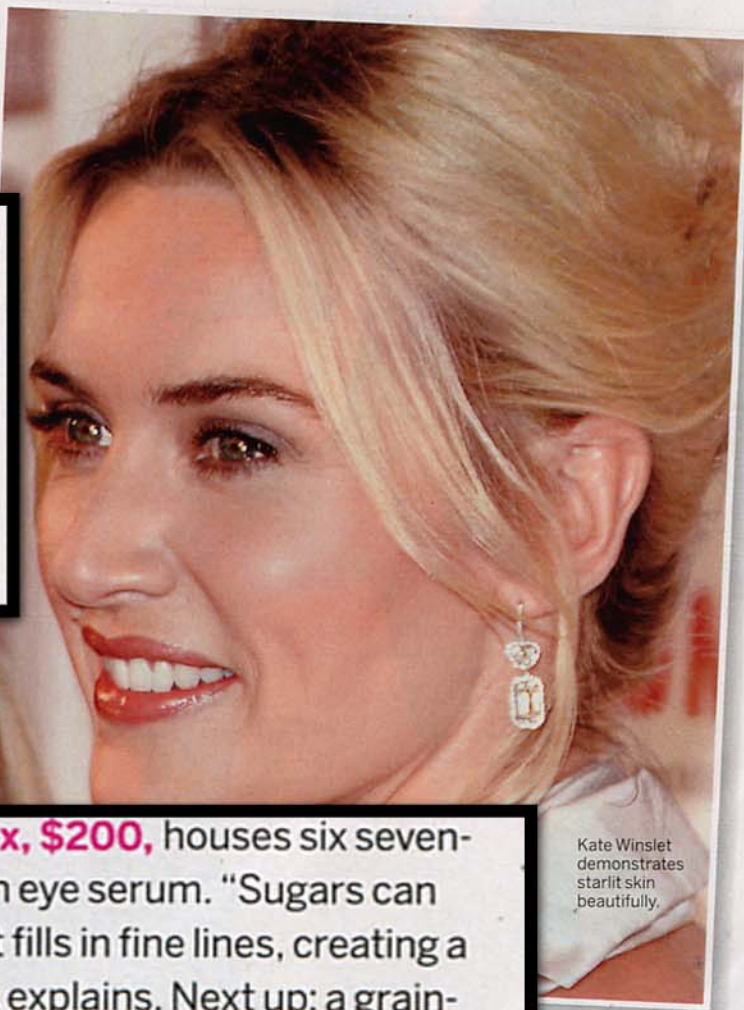
Look on the bright side

Let's be honest: Even if you apply your daily sunscreen religiously and spend your summers under wide-brimmed, tightly woven hats, exposure happens. And it can lead to a dull, mottled complexion. We're not talking cute freckles here—

"There are multiple approaches to brightening," says David Bank, M.D., a dermatologist in Mt. Kisco, NY. "Exfoliants help shed hyperpigmented cells and thin the skin's outer layer, making it more translucent."

new ones. Supercharged moisturizers, meanwhile, plump up the fine lines that tend to trap (rather than bounce) light. And for the quickest fix, there's makeup with reflective particles. Read on to learn about the illuminating options.

—Abbie Kozolchik



Kate Winslet demonstrates starlit skin beautifully.

Orlane Absolute Radiance Lightbox, \$200, houses six seven-minute facials. Step one: a sugar-rich eye serum. "Sugars can provide an immediate hydration that fills in fine lines, creating a more even, reflective surface," Bank explains. Next up: a grain-extract-based exfoliant to shed dead, dulling cells. Last: a micro-circulation-aiding cream, also with grain extracts. "Increased circulation at the skin's surface means increased oxygen delivery," Bank says. "One short-term effect is the dilation of blood vessels [read: a rosy glow]; in the long term, you can improve cell turnover."

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