

GLAMOUR

EXTRA
HOT



Happiness Is...
Getting
Carded

Who doesn't love the ego boost when the bouncer asks to see ID (unless you're 17, that is)? To ward off lines, minimize squinting by wearing sunglasses even when it's cold and cloudy—rays still seep through. In the morning, apply a de-wrinkling serum that has peptides; these microscopic do-gooders enhance collagen production, which keeps skin spongy and makes lines less obvious. Try Kinerase C8 Peptide Intensive Treatment (\$98, kinerase.com). For hyperpigmentation, use a cream like Avon Anew Alternative Photo-Radiance Treatment SPF 15 (\$25, avon.com). **Totally free tip:** Exercise. It helps deliver oxygen and nutrients to the skin, says David Bank, M.D., director of the Center for Dermatology, Cosmetic and Laser Surgery in Mount Kisco, New York, and will keep you young-looking and healthy.